

PHILADELPHIA CACTUS & SUCCULENT SOCIETY founded 1942 www.philacactus.org

# 1st MEETING OF 2022/23 SEASON

### SEPTEMBER 18

11:00 am (plant set-up)

noon (meeting)

the discovery center - philadelphia

# **MAIN PROGRAM**

SOIL

We are collecting dues
for 2022/2023
\$20 per household

Learn how to make your own cactus and succulent soil Discussion of recipes and ingredients

SOIL for purchase – must have dues paid for 2022/23 season to get discounted price

### **POTS**

What type of pot should I use? Does the material matter? Should I top dress? What kinds of top dressing should I use? Paul will take the mystery out of pots so you can be successful





### **DIVIDING SUCCULENTS**

Have succulents that need dividing?
Bring in your overgrown plants and divide with other PCSS members
(owner keeps choice piece and shares divisions)



## **SOIL ADDITIVES**





Peat moss, perlite, bark ash, starter charge- with gypsum, dolomitic limestone, and slow release nitrogen.

2.8 CU FT (79 L)

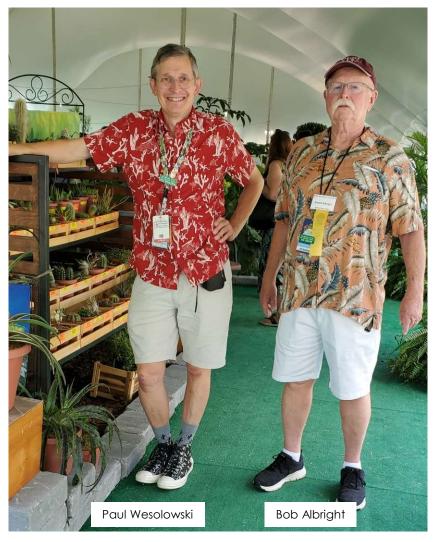


Peat Moss, Endomycorrhize, horticultural coarse grade perlite Dolomitic & Calcitic Limestone (pH adjuster) Macronutrients, Micronutrients' Wetting agent, promix





# PHILADELPHIA FLOWER SHOW 2022

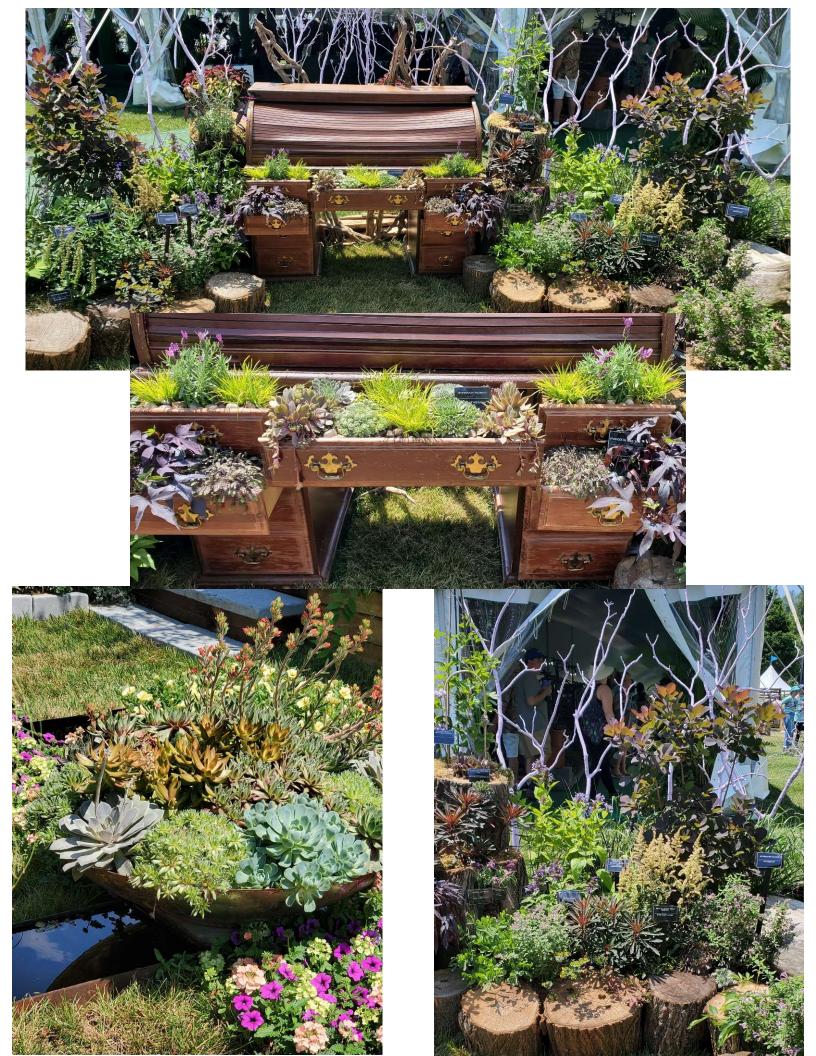


Another year outside but with much better weather than the year before. Instead of our traditional booth structures we used the shelf units from PHS. This seemed to work very well plus allowed us to showcase more plants. The best part was that PHS setup the structure and tears it down!

Thanks again to Paul for organizing the booth!

2023 will see us back at the Convention Center in March





## SEPTEMBER PLANT OF THE MONTH

The categories can be found here: <a href="www.philacactus.org/plant-of-the-month/">www.philacactus.org/plant-of-the-month/</a>

If competing, please try to arrive at 11 to set-up...

### **CACTUS**

### Echinocactus I, Astrophytum

subfamily Cactoideae, tribe Echinocacteae
examples Astrophytum ONLY

### **SUCCULENTS**

Aloeacea 1

examples Aloe only

### SPECIAL CATEGORIES

#### Caudiciforms & Bonsai

We will separate the entries into the major two groups and subdivide from there

# NOMINATIONS (October election)

If you'd like to get more involved with the society, please consider running for office or for jobs like librarian and newsletter. The last page lists all the current positions. We will complete nomination at this September meeting with elections taking place at the October meeting. Transition will occur for the rest of the year then jobs will start in January ....

# HOSPITALITY

Since we're going strong with in-person meetings, please bring food to share. This was always a big part of the meeting and we're looking forward to bringing it back!

# Growing in the Desert Series: Coir (Coconut Husk Fiber): A Universal Potting Medium? by Mark Dimmitt

# Enclosing again because this is part of the discussion about soil

What is coir?

Coir (pronounced "koyer") is the fi ber from the husk of the coconut, the part between the hard inner shell and the outer coat. It has long been used to make doormats, mattress and upholstery stuffing, rope, and fi shing nets. But mainly it is a waste product of the coconut industry; mountains of the stuff have accumulated in tropical countries where coconut palms abound.

Coir has been used in the USA as a potting medium for a variety of plants for at least two decades, especially in Florida. Until recently its availability has been undependable and the quality highly variable. These problems have been solved, but few horticulturists are aware of recent developments.

#### Dispelling coir's bad rap

#### 1. Coir is soggy muck that drowns plants.

Until a few years ago the main coir product sold in the USA was "cocopeat", a fiine dust that looks much like horticultural peat moss. This product holds even more water than peat, and because of its fine texture, it remains saturated for days after irrigation. I have tried it, and even when mixed 1:3 cocopeat:pumice or perlite, it killed nearly every plant that requires good drainage. This stuff is indeed deadly.

The product discussed in this article consists of fiber and small chips, with almost no dust. Even when it's saturated, it contains abundant air pockets and therefore roots will not suffocate.

#### 2. Coir is dangerously salty.

Coir used to be washed in seawater, and was therefore quite toxic to most plants. It had to be thoroughly leached before use, especially the larger chunks used for growing orchids. Modern coir processed for horticultural use has been fresh water washed, and is very low in salt. Tucson tapwater is five times more salty than today's coir.

# 3. Coir comes in hard bales that must be laboriously broken up by hand.

Cocopeat was usually sold in compressed bales. The bales were very difficult to moisten, and even after soaking for several days they had to be physically broken up. This was difficult and time-consuming. The newer fiber and chip products often come in compressed blocks of one-half cubic foot.

When a block is submerged in water, it saturates and falls apart in a few minutes, expanding to two cubic feet (15 gallons). It's very easy to use.

#### My experience with coir

Potting medium is a common topic of discussion whenever and wherever horticulturists gather. A huge variety of ingredients have been used, with varying degrees of success. I've been growing plants since the 1960s, and have spent most of that time experimenting in the hope of finding the ideal medium for my growing conditions and the plants I like. For the past 15 to 20 years most of my media have used peat moss as the primary organic component, amended with different proportions of pumice or perlite for aeration and drainage. (The product is Sunshine Mix, which is about 90% peat with some perlite and pH buffers.) I had good success with these ingredients, but I was never completely satisfied. One of my two main complaints is that the peat retained moisture too long during cool weather, encouraging root rot of sensitive plants. The other complaint is that peat breaks down in a couple of years in our hot climate, so plants needed to be repotted regularly even if they had not filled the pot.

Now I have found a product that thrills me. I discovered good coir in 2008, when I visited Tropica Nursery near Mumbai, India (with Kevin Barber). The nursery covers many acres and produces a wide range of plants, including tropical foliage and flowering plants, succulents, food plants, and orchids (Figure 5). All of them are grown in 100% coir. Owner Dr. Ashish Hansoti has been a pioneer in developing coir as a growing medium. One of his contributions is his research to determine the nutritional needs of plants grown in coir.

I began experimenting with coir when I returned home the same year. After one growing season I was so pleased with the results that I began repotting almost my entire plant collection into coir-based mixes. After four years' experience with it, I have concluded that coir is by far the best all-around organic potting medium that I have ever encountered. Succulents that have performed superbly in media consisting of from 30% to 100% coir include: Adenium, Pachypodium, Plumeria, Aloe, Agave, Sansevieria, Trichocereus, Mammillaria, Stapeliads, Caralluma, Bursera, Boswellia, Fouquieria, Haworthia, terrestrial and epiphytic bromeliads, terrestrial orchids, and some Euphorbia

(I have only a few). Nonsucculents have done excellently too, such as citrus, figs, peaches, blackberries, melons, tomatoes, corn, Asclepias, Hibiscus, and many bulbs including Gladiolus, Lachanalia, Scadoxus, Hippeastrum, and Boophone.

I have been using 2/3 to pure coir for tropicals, including tropical succulents such as adeniums. For more xerophytic species I use 25-30% coir, with the rest being perlite and/or pumice. The only plants that have not done well are some extreme xerophytes such as Mohave Desert cacti, Ariocarpus, many mesembs, and Caralluma socotrana. But I have never had much success with these plants in any medium.

#### Horticultural properties and availability of coir

I have found coir to have numerous advantages over all other organic components of potting media that I have ever used, and few drawbacks. The main ones are summarized in Table 1. The number one best trait is that it has both high water-holding capacity and simultaneously retains plenty of air. This means that it's nearly impossible to overwater most plants during their growing season – you simply cannot suffocate the roots. It is highly resistant to oxidation and microbic breakdown; it lasts at east four years with tropical plants when it's kept continuously moist, and longer for more xerophytic ones. Unlike peat, it does not shrink when dry, and is easy to rewet when it's time to awaken a plant from dormancy. Since I eliminated peat-based media, I have had almost no problem with fungus gnats, although others have reported that these flies can live in coir.

In my four years of experience with coir, loss from root rot has fallen to a small fraction of that with peat media. In fact, I have had almost no root rot of most plants including adeniums, cacti (except extreme xerophytes), aloes, and agaves. Research indicates that coir suppresses the growth of several pathogenic fungi.

Coir lasts two to four times longer than most other organic potting components. In our hot desert climate peat will break down into muck or oxidize to nothing in only a year or two. I have had adeniums in the same pot for four years so far, and the coir is still largely unchanged after all this time of being watered three times a week during the hot season.

Table 1. Comparison of some common characteristics of coir- and peat-based media.

TRAIT	PEAT-BASED MEDIA (30-50% PEAT)	Coir-based media (50-100% coir)
Water-holding capacity	Very high	Extremely high
Air content (drainage)	Low to moderate	High, even immediately after saturation
Drying response	Shrinks	Does not shrink
Wetting after drying	Hydrophobic; very difficult to rewet	Rewets quickly
Longevity in hot climate	1-2 years	At least 4 years, probably longer
Sustainability	Mined from ancient peat bogs overexploited	renewable
Biological activity	Fungus gnats and water molds thrive in it	Fungus gnats seldom colonize it.  Coir suppresses the growth of several pathogenic fungi.
Chemical reaction	Neutral pH	Very acidic (Sunshine Mix is buffered to be slightly acid)

<sup>\*</sup> Acme Sand and Gravel (Tucson) PotB potting blend, a 1:1 mix of compost and 3/8" pumice. It's used by several area nurseries.



# **Holiday Party**

December 11

### Check us out on FACEBOOK!!



Check us out at: www.facebook.com/groups/2027339965 26503

It's a way to share photos and ask questions about all things cactus and succulents!

### **PCSS Officers**

**President:** Irene Cassidy (latte\_datte@yahoo.com cell: 302.883.4644)

Vice-President: Jeff Sedwin

**Treasurer:** Renee Thompson Recording Secretary: Paul Wesolowski

**Communications:** Timothy Day

(timothyday@outlook.com)

**Affiliate Representative:** Christina Day **Newsletter:** Irene Cassidy

**Judging Coordinator**: Barry Bush

Flower Show Exhibit: Paul Wesolowski

Hospitality: Jeff Cades
Library: Bridget Irons
Flower Show Ribbons: JoAnn Schailey

